

Dear Dr.Tandon,

Date: 22-12-2010
(Mumbai)

Diagnosis: Hepatitis B Chronic Phase

I hope this mail finds you in good health and spirits.
We have already met you at Metro Hospital at Sector 12 on 1st Nov 10 when I experienced blood in Stools.

Kindly go through details of mine, all clinical trials, history, Current treatment etc. I can start my treatment under your consultancy.

I, therefore request you to let you tell me how I am treatable patient. If it is good and situation can be controlled by you. Please let me know I will come down at you for further treatment.



General

Name	Safar Mohammad Khan
Diagnosis	HbsAg Positive
Month & Year of diagnosis	2 nd March 2010
Date of birth	15-04-1980
How it came into diagnosis	Accidently while going to Qatar in the Medicals(Pre Employment Procedure)
Current location(Residence) staying for last 4 yrs	Mumbai
Status	Married
Wife's Name	Sameeta Shazi (27 Years)
Wife's HbsAg status	Negative
Education	MBA
Employer	Green Apple Environmental Technologies-Abtech (GAET), an USA based Company.

Medical Reports as on date 11-03-2010(only Abnormal Readings)

Test	Observed value	Reference range
Ante HBe-Ab to Hepatitis B envelope Ag, serum	Positive(0)	Positive:<0.4 index value Neutral:0.4<0.5 index value Negative:≥0.5 index value
Protein(total),serum by Biuret Method	8.50	6.4 to 8.2 gm/dL
Globulin ,serum	3.70	1.8 to 3.6 gm%
HBV DNA Quantification(Viral Load)	457 IU/ml Log value=2.66	Measuring Range5IU/ml to 250,00,000 IU/ml

Medicines Suggested by Dr.Abha Nagral–MD, DNB-Gastroenterology just after diagnosis (Since 15th March 10).I deployed to Qatar for my overseas job with the continuation of medicine prescribed by Dr.Abha Nagral, sits at Jaslok/Fortis Mumbai.

Medicines Stared for 6 months (as per doctor’s suggestion)	Lamivir and Adesera 10 Mg(Adefovir Dipivoxil) from Cipla
Date of Started taking Medicines	15 March 2010
Date of Ending Medicines	15 Sept-2010
Duration of treatment of above Medicines	6 months

Problems and side effects felt while using the above medicines for HbsAG

1-Pain in feet, not able to Walk Properly
2-Continue Yellowish Urine
3-Stools-getting red coloured blood impression in stools for last 1 Month.

Medical Examintion-2(after 8 months)Only abnormal readings as on dated 06-12-2010

Test	Observed Value	Biological reference Interval
Haemogram Platelets PCT(platlet haematocrit)	0.18	0.2 to 0.5%
Ante Hbe-Ab to hepatitis B envelope Ag,serum	Reactive(0.03)	Non reactive:1.0 & above Reactive: below 1.0 ratio
Protein(total).serum by biuret method	8.40	6.4 to 8.2 gm/dL
Creatinine ,serum by jaffe method	0.63	0.8 to 1.3 mg/dL
SGOT	38.00	15 to 37U/L
Vitamins 25 Hydroxy(OH) Vit D,Serum by RIA	8.60	Deficiency: below 10 ng/ml Insufficiency:10 to 30 Suffiency:30 to 100 Toxicity: above 100
DNA quantification COBAS Taqman	350 IU/ML	Measuring Range 20-170000000 IU/MI
PTR(INR) Value	1.09	Standard therapy:INR-2 to 3 High dose therapy:3 to 4.5

Medicines recommended by Dr.Abha Nagral Started on 07-12-10.

1-Tenvir-300 Mg (tenofovir disoproxil fumarate)	One tablet daily
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USG report of upper Abdomen including Liver

Liver	The liver is normal in size right lobe 12 cm and left lobe 5-6 cm AP & shows smooth margins. A diffuse subtle coarse echopattern is seen. There are no abnormal parenchymal lesions. There is no intrhepatic biliary dilatation.
Remarks by a Pathologist	A very subtle coarse hepatic echotexture is seen which probably represents early chronic Liver.

History	<p>I am 30 years old patient (Patient Pin No.: L – 7658-Jaslok, Mumbai/Safar Mohammad Khan), diagnosed with Hepatitis B Since in March 2010 while deploying to abroad for Overseas job offer. I have been detected to have Hepatitis B on routine investigations about 9 months back. I do not have any complaints pertaining to the same and in good health otherwise. I had history of some dental surgery in the past during the year 2004 with an affair of one (First & last) girl up to the extent of kisses and hug only but no Sexual relations during the year 2004 to 2009 in Allahabad while my professional Studies. No any past relations with any of the Girl in my life No, Nowhere even not in my childhood days or youth-age except my wife after marriage.</p> <p>I was caught by Severe Jaundice in Nov-2006 in Mumbai.</p> <p>I am a patient with a normal build and average appetite. I have liking for Fresh Veg. & fruits but do not prefer Non Veg. I have a sound sleeps also.</p> <p>I am working as Area Head Sales Manager for 3 States of India in an Environmental Engineering Company and family included my wife (Negative with HBSAG) and no children.</p> <p>My father and mother both are negative and none of the impression with my 2 younger brothers also. All are negative even not seen in my pedigree.</p> <p>I had history of Chicken Pox about 2 years ago and jaundice 4 yrs back; apart from this there is no history of any other major illness in the past. There was no history of any significant illness in the family either.</p> <p>On investigating HBsAg is found positive. Anti HBe is positive. IgM HBe is negative.</p>
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Kindly do advice me on the basis of my updated reports & history.

Thanks & Regards

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